RU–NDown News

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A newsletter brought to you by the Rutgers University-Newark Staff Council







We R Staff



Celebrations

Welcome to the latest issue of RU-NDown News, specifically tailored to RU-N staff. Our goal is to provide you with useful information and foster communication and collaboration among staff.

STAFF COUNCIL ELECTION RESULTS

Congratulations to the following people, whom you elected to serve on the Staff Council for the next two years:

Jennifer Bucalo Ginny Caputo Alexandra Charles Monica Giron Twyla Hardy Shirnel Jean Baptiste Tayden Judge Luz Kosar Nancy Masterson-Newkirk Joy McDonald Jim McLaughlin Harolina Menchon Josephine Nagle Parth Patel Rabeya Rahman Wenylla Reid Henry Rodriguez Permelia Toney-Boss Leon Vaks

Visit the Staff Council <u>website</u> for more information about them and our mission to provide a voice for staff.

WE R STAFF and CELEBRATIONS

We extend our heartfelt congratulations to Debra Amodeo, Tishawn Brown-Hatchett, John Driscoll, and Madelyn Munoz-Bertram on their 30 years as Rutgers employees! Their dedication and service is inspirational. Keep reading to see some of their secrets of longevity.

DEBRA AMODEO

What is your favorite comfort food? Pasta

Who is your favorite cartoon character? Minnie Mouse

What person, historical or current, inspires you? Jacqueline Kennedy

What is your secret of longevity? I believe you need to take care of your body inside and out. Eat healthy, exercise, spend quality time with my family. Live, Laugh, Love often.



TISHAWN BROWN-HATCHETT

What is your favorite comfort food? Old Bay seasoned steamed crab legs with melted butter

Who is your favorite cartoon character? Andy from Toy Story

What person, historical or current, inspires you? Dr. Dharius Daniels, spiritual leader, author, and entrepreneur

What is your secret of longevity? Balance! It's all about living a balanced life and being content with who you are, your space and purpose in this life. Operating and basking in the peace of it. When you try to be or do more than what's meant for you, it keeps you out of balance in every aspect of your life. It is and always has been about maintaining a healthy balance for me.

MADELYN MUNOZ-BERTRAM

What is your favorite comfort food? French fries

Who is your favorite cartoon character? Woody Woodpecker

What person, historical or current, inspires you? My mother

What is your secret of longevity?

Exercising and taking care of yourself. Don't let the small stuff things bother you.





