



WHAT OUR PANTRY NEEDS MOST:

SHELF-STABLE 1% OR 2% MILK ALTERNATIVE MILKS (ALMOND, SOY, OAT) NON-SUGARY CEREAL OLIVE/VEGETABLE OIL RICE (1-2LB BAGS) PEANUT BUTTER OATS & OATMEAL

> Please avoid: High-sugar cereals Fruits packed in syrup Glass jars

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