

## Staffy Hour

### STAFFY HOUR

Join RU-N Staff Council for complimentary pre-game appetizers & then cheer on our Women's Soccer Team

**McGOVERN'S**  
**5pm - 7pm**



### Save the Date

Join the RU-N Staff Council on Wednesday, September 28, as the RU-N Women's Soccer Team hosts a home game against rivals William Patterson University! Pre-game appetizers will be provided at McGovern's from 5:00-7:00pm – don't miss out!

## Career Closet Donations

After its suspension in the spring of 2020 due to the pandemic, the Fall 2022 semester welcomes the return of the RU-N Career Closet! Since its inception in spring of 2019, nearly 1,300 pieces of clothing and accessories have been donated to support 400 students in developing their professional wardrobes.

If you would like to contribute, learn more about which clothing items are needed [here](#).

Donations can be made in [Hill Hall 313](#), or pickups can be arranged by emailing [careers@newark.rutgers.edu](mailto:careers@newark.rutgers.edu).

## Non-Credit Recreation Courses

Non-credit recreation classes are being offered for staff members this fall through the Department of Intercollegiate Athletics and Recreation at RU-N. Grab a buddy and choose from a variety of classes including yoga, Self-defense, spin, taekwondo and more.

To learn more, [click here](#), and to sign up, fill out the registration form [found here](#).

## Faculty & Staff Workshop Series

The Office of Violence Prevention & Victim Assistance is offering virtual workshops to staff members. Featuring "We Speak Upstander" and "Trauma Informed Practice" trainings, learn practical & easy ways to prevent violence within our community.

See dates/times & register by [clicking here!](#) Email [run.vpva@rutgers.edu](mailto:run.vpva@rutgers.edu) with questions.

## WE **R** STAFF



### Irene Alicia Welch, Administrative Assistant, Cornwall Center for Metropolitan Studies

#### \*Favorite Comfort Food?

Seafood, most soups and my daughter's fried chicken!

#### \*Inspiration?

My mother, Oprah Winfrey and Michelle Obama.

#### \*Favorite thing about summer?

Being outdoors & spending time with my children and family!



### Antonio Prata, Administrative Coordinator, Department of Economics

#### \*Favorite Comfort Food?

A toss-up between pizza and falafel with hummus.

#### \*Favorite Animated Character?

Chuckie, from Rugrats!

#### \*Inspiration?

I'm deeply inspired by the poet & physician William Carlos Williams (native New Jersey-an) & other writers/artists.

#### \*Favorite thing about fall?

The weather and leaves!

## Did You Know? Preferred Names

Employees can now designate their chosen (preferred) names via the myRutgers portal! After clicking the *Employee Self Service* tab, click the *Update Chosen Name* option, and add or update your chosen name. Learn more about the initiative [here](#) and update your name by following the instructions [here](#).

