RU-N DOWN Vol. 4, Issue

October 2022

UTGERS



Coffee, Cuddles, and Chat

Chat with RU-N Staff Council representatives as we welcome you to have a cup of coffee and a cuddle with the Alliance of Therapy Dogs' su-paw-star, Bailey (pictured to the right)! Taking place on November 10, 1:30-3:30 pm at the Dean's Lounge in Ackerson Hall. We hope to see you all there!

Trunk or Treat Returns

decorations or costumes.

Newark, NJ 07103).

Click here to check out more about Bailey, who is featured in a published children's book!





Second Annual Newark Downtown District Fall Festival

Join the RU-N Staff Council, RU-N University-Community Partnerships, RUPD and other partners as we welcome back the Trunk or Treat event for Dr. Martin Luther King Jr. School's (Thirteenth Avenue School) Annual Harvest Festival on *Thursday, October 27 from 3-5 pm.* Join us by decorating your vehicle and handing out treats to the young scholars or donating treats,

Please make candy donations by noon on October 27 at the MLK/13th Ave School (359 13th Ave,

Making its highly anticipated return on Saturday, October 29 from 12-4pm at Military Park, the NDD Fall Festival has offerings for all ages, from small kids to senior citizens. Featuring attractions such as pony rides, a petting zoo, a pumpkin patch with pumpkin decorating, a Halloween costume contest, photo booth, live music, food, and games. Don't miss out on your opportunity to create unique memories and participate as a member of the campus community!

Learn more by visiting the NDD website here.





Nakeefa Bernard Garay, Senior Program Director, Joseph C. Cornwall Center for Metropolitan Studies

*Favorite Comfort Food?

Steel cut oats with maple syrup, vegan butter, cinnamon and bananas. *Favorite Animated Character?

Bob, from Bob's Burgers!

*What person, historical or current, inspires you?

Dr. Jonas Salk, the man who discovered the first vaccine against polio and rejected profit or patent from his discovery for the betterment of humanity.

*Favorite thing about Autumn? Fall foliage, hoodies and soupy things!

Ashly Diaz, Administrative Coordinator, Department of Philosophy, School of

Arts and Sciences Newark *Favorite Comfort Food?

Hot soup with half a sandwich. *Favorite Animated Character?

Yuji Itadori from Jujutsu Kaisen!

*What person, historical or current, inspires you? I find US Representative Alexandria Ocasio-Cortez, aka AOC, incredibly inspiring.

*Favorite thing about Autumn? My favorite thing about Autumn is the autumn foliage. The world seems extra beautiful during this time.



Did You Know? Zumba Wednesdays at the Newark Public Library! Wellness Wednesdays!

Need a break from Zoom? Take part in some Zumba!

Join Newark Public Library and Dance with Deshanae for a fun, full-body workout and calorie-burning dance party on select Wednesdays at 5 pm. All experience levels are welcome.

Learn more and check dates for class offerings by clicking here.

Visit the Staff Council Linktree for all of our pages!

BRAG ABOUT IT!

Share your thoughts in the suggestion box!

