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NEWARK

Department of Social Work

Audrey Redding-Raines partnering with Rutgers Newark Staff Council



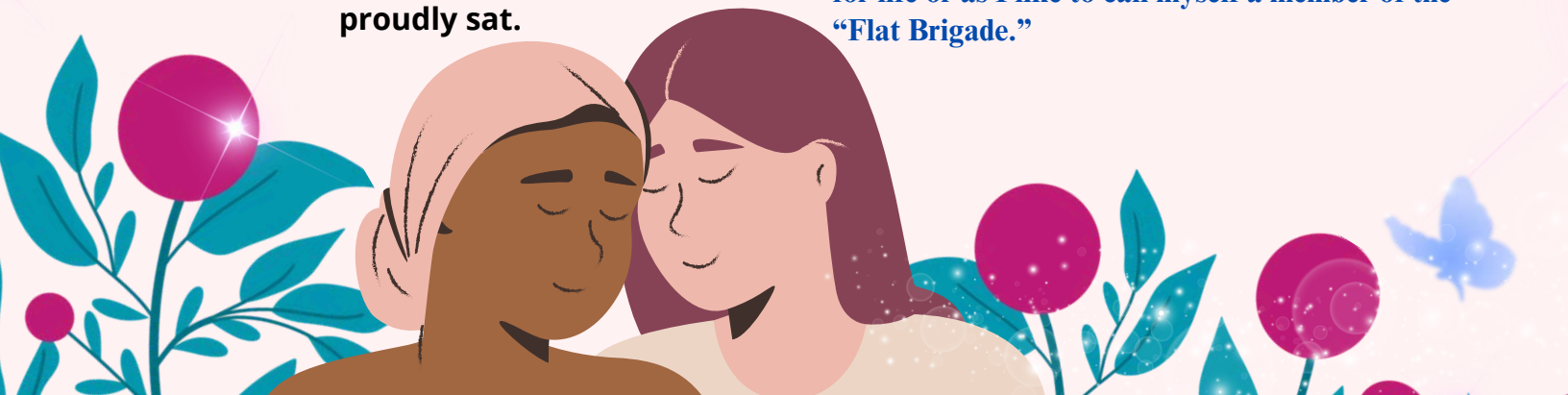
Who is Audrey Redding-Raines?

The Enlightened Journey of a Black, Flat, and Proud Woman



I love walking in my authenticity and embracing the beautiful woman that I am, so much so that I have had the essence of who I am captured as art that lives and breathes where my “Girls” once proudly sat.

My journey of who I am as a breast cancer thriver has taken me on an enlightened path of self-awareness and growth, to one where I am now walking in the full bloom of my authenticity. I remember going into my GYN doctor’s office in 2015 to hear the diagnosis that could not be relayed over the phone. “You have stage zero cancer!” What! To be completely honest with you, I never even knew there was a stage zero cancer diagnosis. After getting clarification and developing a plan of action with my oncologist, I had a lumpectomy and 33 treatments of radiation, which was the standard treatment for women rowing in my part of the water. After my treatment, I would not have to deal with THIS inconvenience anymore, especially now that I was well on my way to completing my dissertation and preparing for graduation, or so I thought. Through many prayers and heart-to-heart talks with my Lord, I moved through the treatment regiment, defended my dissertation, and graduated. However, if you want to make God laugh; make plans, which saw my cancer returning in the same breast less than a year after graduating with my Ph.D. Knowing that I did not want to have to go through the same cycle of treatment again, I elected to have both “Girls” removed, and have officially immersed myself in the “itty bitty no titty committee” for life or as I like to call myself a member of the “Flat Brigade.”





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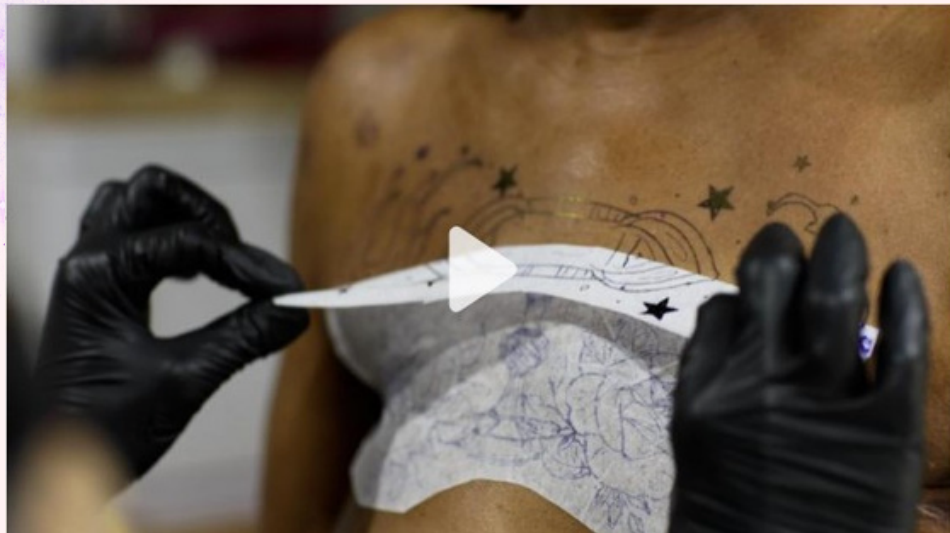
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Tattoo artist Friday Jones empowers breast cancer survivors to reclaim their stories through transformative body art, reimagining mastectomy scars. Hear from three clients as they share their journeys, including the inspiring transformation of Audrey Redding Raines.



Click Here!



[CNN: Audrey Redding-Raines](#)

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